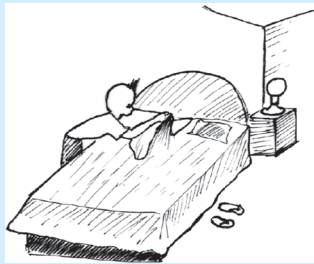


Self-Reliance

By the end of this unit, students will be able to:

- explain the meaning of self-reliance.
- identify the significance of self-confidence.
- understand the importance of learning from other.

8.1 The Meaning of Self-reliance



Picture 8.1. When 10 years old child is making a bed



Picture 8.2. When 10 years old child ordering other person to make a bed

Always morning, I make my bed

Every morning my mother makes my bed

- Look at carefully pictures “8.1” and “8.2”. Of them, which picture does show self-reliance?
- Explain turn by turn in class to your friends about your contribution to promote the culture of self-reliance

ጉብዝ ተማሪዎች

ጉብዝ ተማሪዎች የትም ቦታ ያሉ፤
 ቀስቃሽ አይፈልጉም በጣት ይነቃሉ።
 በፍጥነት ተነስተው ይለባብሱና፤
 ፊታቸውን ታጥበው ቁርስም ይበሉና፤
 ተዘገጃጅተው፤ ቤተሰባቸውን ብለው ደህና ዋሉ፤
 ወደ ትምህርት ቤት ፈጥነው ይሄዳሉ።
 ባንዲራ ሲወጣ በጋራ ዘምረው፤
 ይገባሉ ክፍል ስርዓት አክብረው።
 መምህራን ሲያስረዱም በጽኑና አዳምጠው፤
 መልስም ይሰጣሉ ሲጠየቁ ተግተው።
 ዕውቀታቸው እንዲያድግ መጽሐፍ ያነባሉ፤
 ይኼነው ጉብዝና ልጆች ልብ በሉ።

(ምንጭ ይቅርታ የልጆች መጽሐፍ ፣ 2000 ዓ.ም./የዝና ወርቁ/)

Activity 1

1. Read the poem in above and mention phrases which shows attributes of self-reliance.
2. By selecting a secretary and chairperson, discuss on the significance of self-reliance and submit your points to your teacher.

Self-reliance is hard working on basis of self-initiation with the reference to his/her own money, knowledge and capacity. Without requesting help of families, parents, non-governmental organization and governmental organizations, carrying out of effective works is an attribute of self-reliance. For example, if children

1. Put educational materials properly at their home.

Self-Reliance

2. Carrying out homework without family pressure, not copying exams from others and in general carry out what they have to do in their own capacity, and then they are called self-reliant peoples.
3. Punctuality on time of entrance and exit is another aspect of self-reliance. If children make habit of such practice from their early childhood, in future, they will have good life.

On basis of picture 8.2, a child who has failed to make his bed is not self-reliant while picture 8.1 where a child is making a bed is self-reliant. So, everyone has to accustom the culture of self-reliance from the very childhood. This is even important to promote ones own opinion and to avoid dependency on others.

Activity 2

1. For a given student to be self-reliant at school, what activities he/she has to do?
2. For a given student to be self-reliant at home, what activities has he/she to do?

8.2 Self-confidence

- Mention self-confident and hard working peoples in your community. Please, justify that why you call them hard workers?

Markos and his mother

W/ro Masantu has called her son Markos and said "my son Markos! I am too sick today. Your school uniform is not washed. What you are going to wear tomorrow? Let I beg someone from neighbour to wash it?" He responded, "Mamma!, why do you want to beg?" She responded "then what can I do? You are going to be absent on tomorrow". Markos was surprised and told her "Why not I wash it?" She said "Oh! You cannot". But he said that "no mamma! usually I was looking when you were washing and I know how to do it". But still his mother said "no". Markos, however was confident to wash clothes. Therefore, he said "if you do not believe, let me wash around you". His mother

agreed and well observed while he was washing. Then his mother appreciated him and went back to bed to take rest.

Activity 3

On basis of above passage, answer the following questions:

1. On basis of the above passage, explain the meaning of the phrase self-confident.
2. What has helped Markos to be confident to wash cloth?
3. What is a necessary condition to be self-confidence?

Self-confidence is being sure of his/her competence and knowledge to effectively carry out. Self-confidence roots from a clear understanding of him/her self and that encourages involving in works. A student becomes self-confident when he/she attends the class effectively, carry out works assigned by teachers and read and study on basis of plans. Self-confidence is a base to work hard and to promote knowledge. On basis of the story of Ashebir and his mother, the close following of Ashebir while his mother was washing has helped him to be confident to do so. Self-confidence helps to be proud of himself than begging others, which results in proud of his/her own identity.

Activity 4

Answer the following questions:

1. What have we to do to be self-confident?
2. What is the significance of self-confidence?

8.3 Self-esteem



Picture 8.3. Students on group debating in class

- What does the picture indicate?

Self-Reliance

Zekarias and his Classmates

Zekarias is a grade five student. He is not attending the class and not working homeworks. Therefore, usually he is begging his class friends by bringing bread, candy/caremela and cookies for them to copy what they have done. He also asks them to copy exam answers from them. On this situation, first semester exam has approached. Then Zekarias has sat with those who have promised to give answers for him. However, the invigilator has changed sitting arrangement of the class. Those, the promised student sat on the other row.

When corrected exam paper is returned, Zekarias has scored poor. He has cried seriously by saying “I am going to fail.” His friends approached him and advised not to prepare for copying but to attend the class and to work hard. Almaz also joked up on him by saying “prevention is better than cure”.

Zekarias has regretted due to low achievement at the end of first semester. He decided by himself that “I have to attend the class seriously. I have to do homeworks and read strongly. Then I have to pass to grade six.” Based on his decision, he started to seriously learn, read and doing homeworks by himself. Though his friends allowed him to copy, he said “no, I do not want to be dependent on you. I have to work hard. So, I can score good results.” However, his friends laughed at him.

By developing of self-esteem, Zekarias worked all exams by sitting alone. He has scored very high grade. However, his friends were angry by his achievement and said “you have been weak student.” He also laughed at them by saying “It is past history, but now I became active student.”

Activity 5

1. Read the passage carefully and talk about it turn by turn. Pick out debatable issues and debate on them. By evaluating the concluding points, reach to a decision.
2. Was Zekarias’s decision critical or not? Justify.

When any person is strictly on an issue, it is a stand of a person. That stand should not be indecision, which does mean self-esteem. To have self-esteem, the basic issues are

1. Thinking over issues critically.
2. Looking the stand in reference to the advantage and security of self, family, country etc.
3. Having a given stand and implementing that stand freely without restriction.

Based on this, every person has to have stand and need to confirm him/her self to it. For example, as you have understood from Zekarias and his friends’ story, Zekarias has decided not to be dependent on others. Based on this, by strictly follow his lessons; he has succeeded in achieving good results. On other hand, every person to have his own esteem and to promote his own opinion, he/she has to be self-reliant. While depending on others, it is unthinkable to have self-esteem and opinion.

Activity 6

1. If one of the students of your class decides to drop his/her education, what is he/she to recognize before doing it.
2. Prepare a presentation on what you have to be in future and conditions to be fulfilled to achieve such objectives.

8.4 Wrong Self-perception

8.4.1 Superiority Complex

- What does superiority complex mean?

Dinke and Lome

Since a day was Saturday, Dinke and Lome would not go to school. Their mother Lantore and their father Watte were going to Iddir meeting. To experience them for future, father and mother ordered them to clean the house and to make bed in together. When father and mother were returning from meeting, Dinke and Lome were nagging each other, and the house was not clean and the bed was not made. Their parents entered into home, they said, “Why

Self-Reliance

do you nag each other”? Then Dinke responded that “he cannot clean the room and make bed and home. Let I work alone. I do not want to work with him” Lome by his turn said that “Dinke says that since I am tough, I do not want to work with you”. The father was strongly angry. Therefore, their mother said “Dinke you are wrong. Don’t always make yourself the only knowledgeable person. You have to conform to a person working with you. But you are not so, you did any thing yet now”. Their father also said “Don’t make yourself knowledgeable of all things. Try to learn from others. That is why you have broken the handle of door. You have to correct that behaviour.”

Superiority complex roots by giving higher position for him/her self and lower position for others. Some peoples by considering themselves as “educated”, have disregarding position to “non-educated” ones, which creates superiority on the formers. On other hand, wealthy peoples ignore the poor by the reference of the amount of wealth they have. This creates also superiority complex. In general, superiority complex creates disagreement and conflicts with others.

Activity 7

Answer the following questions on basis of the above passage:

1. Is there any superiority complex in a passage? If yes, who has reflected such thing and if not, justify.
2. Mention and discuss on problems created by a person with the superiority complex.

8.4.2 Inferiority Complex

Students, by mentioning factors for developing inferiority complex in your schools, discuss in groups.

Shege

Shege is a grade five student. She likes to play much. So, usually she becomes absent from the school. She does not do homeworks. Exam results are lower than

her friends. Hence she has developed inferiority complex. She thinks that “I can’t understand education. I am a weak student” so, she does not have self-confidence, that when teachers even ask her simple questions, she does not respond properly.

Activity 8

1. “I cannot understand education. I am a weak student.” What does this imply?
2. By understanding Shege’s case, not to face such problem, what you have to do?

Inferiority complex comes from giving lower position to him/her self. When a person has inferiority complex, while he/she knows he/she may understand as unknowing thing. While he/she can work, he/she may understand as unable. Inferiority complex hinders the development of self-confidence. The absence of self-confidence hinders effectiveness in education and in other works.

Activity 9

1. How is inferiority complex expressed?
2. How is self-confidence expressed?

8.5 Self-competence and the Readiness to Learn from Others

- What is learning from others? Explain by indicating its importance.

One of conditionality to perform an action well is the competence level of person. Not only understanding of possessing a competence, but really we should practice it. We have to be sure of our knowledge and have to know about work. One of the mechanisms to promote our knowledge is learning from others. Learning from others enables to develop our knowledge and to avoid superiority complex.

Self-Reliance

Activity 10

1. What you have to do to know the level of your competence?
2. Let you be in two different groups and let one the groups' works on issues you can learn from your friends while the other group on issues to learn from families.

8.5.1 Working for Country's Development and Progress

- What does country's development and progress mean?

A person cannot possess all types of knowledge. Hence, a man cannot be successful by working alone. To be successful, always it is important to work in together. For example, to construct a house, different professionals are needed, such as engineers, builders, painters, carpenters, electricians, diggers, loaders etc. A good house can be constructed when these peoples are working in collaboration in respecting each others profession. To treat a patient, there should be physician, laboratory technician, nurse, health officer and janitor etc. An effective work can be done when these all are working in together. Therefore, for common development, working in together is important. The one way to take our country to development is creating common sprite.



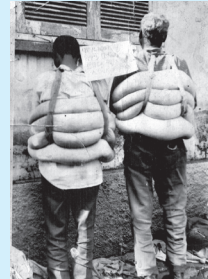
Picture 8.4. Campaign of planting trees

Activity 11

Invite a given cooperative work leader via your teacher and raise questions concerning importance of working in together and learning from others.

8.5.2 Practices that Hinders Country's Development and Progress

- What is contraband trade?
- Mention some commodities you know and got through contraband.



Picture 8.5. People engaged in contraband trade

The Medicine

W/ro Amarech was shouting at her home. When her neighbours were entering her house, her small daughter, Fate, has gotten limp. The old man from the neighbourhood, got frightened by the case and ordered others to search for a car. Then they took the small girl to hospital.

As they reach to hospital, W/ro Amarech showed the doctor the medicine she gave to the daughter. The doctor responded "please! This medicine is expired!, from where have you bought?" W/ro Amarech responded "no, I have bought from a pharmacy." Then, the doctor after sending Fate to treatment, he has dialled to police station and informed them. When police investigated, the medicine became contraband and imported illegally. Persons illegally imported were accused and found liable. So, they were finally detained.

Activity 12

1. What have you understood from the given passage about contraband? By selecting chairperson and secretary, discuss on it.
2. What is the problem of the medicine used by Fate?

Contraband is goods that are brought into or taken out of a country illegally. Contraband has its own political, economic, social, natural and

Self-Reliance

man-made problems. Since these problems are deep-rooted and complex, it creates problem to control. Therefore, its problem is expanding from time to time and currently reached to the most critical stage.

On this basis, currently contraband is

- The source of finance for terrorists

- Reduce government revenue

Activity 13

Answer the following questions:

1. What is contraband?
2. What are effects of contraband?

Summary

To have self-reliance, it is important to enhance our knowledge. To enhance our knowledge it is necessary to observe what others are doing, discussing with our family members, and practicing what we already understood. In school compound also, it is important to respect rules and

regulations, listening to teachers while teaching and reading, answering question, discussing with our classmates and accepting acceptable ideas. These things enable us to be self-reliant, whom are not dependent on others. In general, self-reliance makes us strong citizens.

Key Words

Contraband: Illegal trade which imports demandless and qualityless commodities.

Pressurize: Encourage/initiate

Seriously: Carefully/attentively

Unit Review Exercises

Do these review exercises in your exercise book.

I. Write "True" if the statement is correct and write "False" if the statement is incorrect

1. Knowing his/her competence encourages being self-confident.
2. Punctuality on time of entrance and exit is one aspect of self-reliance.
3. Self-confidence helps to be proud of himself/herself than begging others.
4. If we do not know something, it would be inferiority to ask others.
5. Learning from each other is important for a country.

II. Copy the table below on your exercise book and put (✓) mark either on "dependency" or "self-reliance" in front of the mentioned "work done"

No.	Work done	Dependent	Self-reliant
1	I have forgotten where I have put my exercise books. Then my brother found it and gave me.		
2	I put on my cloth by myself.		
3	I left material on table after I completed by feeding to get my sister arrange it.		

Self-Reliance

4	I woke up early to go to school.		
5	Paying tax		
6	Contraband		
7	Making bed		

III. Copy the following questions on your exercise book and fill the correct answer on the space provided

Self-reliance Self-esteem Dependence

1. Copying homeworks from other students is _____.
2. Not copying an exam from another is _____.
3. Holding a better idea by critically analyzing issues and not being a person of indecision is _____.

IV. Choose the correct answer for the following questions

1. Self-reliant person
 - (a) Has to think him/her self only
 - (b) Has to consider him/her self-superior to others
 - (c) Possess inferiority complex
 - (d) Free of dependence.
2. Of the following, one is the practice of self-confident student
 - (a) Raises hands to answer questions
 - (b) Discuss with other students
 - (c) Explain his/her feeling to others
 - (d) Accepts acceptable ideas from others
 - (e) All of the above.
3. Self-esteem is important when
 - (a) Considering his/her idea is only correct
 - (b) Deciding on a given issue based on reading, discussing, trying and developing his/her understanding
 - (c) Deciding on interest of wealthy persons and not being indecision
 - (d) Deciding on interest of poor and not being indecision.
4. Common progress comes when
 - (a) Working alone
 - (b) Working in common for common advantage
 - (c) Developing knowledge by learning
 - (d) All except (a).
5. Contraband trade is
 - (a) Illegal importing of commodities
 - (b) Illegal exporting of commodities
 - (c) A practice endangers the public and country
 - (d) All of the above.

V. Give short answers for the following questions

1. What is self-reliance?
2. What is self-esteem?
3. What are superiority and inferiority complexes?